THE FREHAWKS FLIGHT MANUAL

A Guide to Unstoppable Success



Table of Contents

	Welcome Letter	1
	Getting Connected	2
	Academic Advising at Orientation	6
	Paperwork for Today	10
	Sample Offer	
2	Sample Bill	13
ţ	Now What?	
D	Academic Calendar	
Ĕ	General Education Core Curriculum	16
.e	First Year Experience Program	18
2	Transferring to UT Southern	20
•	Firehawk Dictionary	22
	Decoding Your Class Schedule	24
	Welcome Week 2025	
	Majors and Concentrations	28
	Business and Accounts	
	Warden Memorial Library	34
	Student Resource Center	35
	Textbooks	36
	The Nest	
	Accessibility	38
	Student Affairs	39
	Student Life	40
	Getting Involved	
	Residential Life	44
	Commuting to Campus	
	Meal Plans	49
	University Clinic	
	Student Wellness	51
	University Counseling	52
	Student Conduct	54
	Title IX	55
	CARE Team	56
	Recreation	
	Parking	50
	Music Opportunities	60
	W. Garie Taylor Honors Program	61
	Career Development	62
	Grow Your Own Program	
	Office of Information Technology	64
	Athletics	68
	Safety and Security	70
	Right to Know	73

Welcome Letter



Welcome to the University of Tennessee Southern and the Firehawk family! We are so excited you chose our campus to call home for the next four years. As you embark on your academic journey in the coming months, you will discover that UT Southern is a place of possible, a place where you can spark your passion and ignite your future. We have built the foundation of our University on our mission to always put "Students First" and we are so glad you're here to grow with us as we progress.

Think Big. Be Bold. Inspire Others.

Dr. Melinda Arnold Chancellor The University of Tennessee Southern

TABLE OF CONTENTS



A variety of resources are available for you to get and stay connected as a Firehawk!

WiFi

All students can access University WiFi (**GoFireHawks**) by using their UT Southern username and password. Wireless internet covers most areas on campus, including academic buildings, residence halls, and athletic facilities.

Student Portal

This portal provides access to all student academic information. Here, students can register for classes, view their schedule, pay their tuition statement, check their midterm and final grades, view their transcript, and much more. For instructions on how to navigate the portal, please visit our knowledge base for step-by-step guides and helpful videos. *sp.utsouthern.edu/login.asp*

Canvas

Canvas LMS (Learning Management System) is a powerful online platform designed to enhance educational experiences for both students and instructors. It offers a centralized location for course materials, assignments, grades, and communication tools, making it easier for students to access and manage their learning resources. *utsouthern.instructure.com/*





GETTING CONNECTED

Firehawk Email

Your UT Southern email address is the official means of communication on campus. This is how you should correspond with professors, staff, and fellow students. login.microsoftonline.com



Scan the QR code for more information



Official UT Southern App

Check the Google Play and Apple App Stores for the UT Southern app.

- Stay up to date with university news and events
- Buy and sell books
- · Coordinate transportation and ride sharing
- · Link to other useful apps and pages for student resources

Need Assistance?

The Office of Information Technology is available to help you with technology related questions or problems.

Contact the Help Desk at 931-424-2009 or infotech@utsouthern.edu.





Knowledge Base tinyurl.com/portalhelpkb



GETTING CONNECTED 5

Academic Advising at Orientation

Make the most out of your advising meeting at Orientation!

Ouestions to consider before meeting your academic advisor today:

- Do I know what major I want to declare today?
- Do I already have any courses from the General Education Core (see page 16) completed?
- What subjects are typically most challenging to me, and how can I stagger those courses to be most successful?

Questions to ask in your advising meeting:

- What classes do you recommend for my first semester?
- If any of those are full, what backups can I consider?
- What do I do about transfer, AP credits, etc?

MY ACADEMIC ADVISOR

NAME
EMAIL
OFFICE LOCATION

MY ACADEMIC SCHEDULE

CLASS NAME	COURSE #	MEETING DAY/TIME	INSTRUCTOR

Current Course Offerings: tinyurl.com/portalhelpkb

		Course Offeri
The Admin area		Degree Audit
contains several pieces	Student Portal News	Registration
of information that you		My Schedule
will access as a student.	My Courses	My Ledger
student.	Course Name	My Financial
		My Housing
	You have no cour	Student Refu
		Title IV Form
		UTS Online E
		Promissory N
	My Calendar	Info Verificat
	April's Events View	Student Hold

Rules for dropping and adding a class after Orientation:

For new students, your schedule will be locked after Orientation. This prevents students from accidentally changing courses that are required or will impact their financial aid. To make changes for the upcoming semester, reach out to the Registrar's Office after Orientation day!

Vice Provost for Student Success Matthew Little 931-424-2037 mlittl32@utsouthern.edu

In future semesters, you can drop/add courses on your own after you've registered. Deadlines to be aware of for this fall are on the next pages. See the academic calendar for additional dates! utsouthern.edu/academics/academic-calendar/



ACADEMIC ADVISING AT ORIENTATION

	My Grades *	My Transcript *	Course Mgmt *
ptions	course	e offering shows the list of s that will be offered for mester.	
d			
I			
okstore			
e			
Form			

ACADEMIC ADVISING AT ORIENTATION 7

FULL SEMESTER (August–December) Courses:

DEADLINE	ACTION	ACADEMIC CONSEQUENCE
August 26, or before	Drop/Add Fall Full-Semester Classes	No record of class on transcript
August 27–September 17	Withdraw from Fall Full-Semester with a Grade of "W"	Will receive W on transcript; no GPA effect
September 18–November 28	Withdraw from Fall Full-Semester Classes	Students may withdraw without special permission. Instructors will assign a WP or WF, neither of which affect the GPA.
November 29–December 12	No withdrawal Full-Semester Classes	

HALF SEMESTER (August-October) Courses:

DEADLINE	ACTION	ACADEMIC CONSEQUENCE
August 21, or before	Drop/Add Fall S1 Classes	No record of class on transcript
August 22–September 3	Withdraw from Fall S1 with a Grade of "W"	Will receive W on transcript; no GPA effect
September 4–October 1	Withdraw from Fall S1 Classes	Students may withdraw without special permission. Instructors will assign a WP or WF, neither of which affect the GPA.
October 2–8	No withdrawal SI Classes	

HALF SEMESTER (October–December) Courses:

DEADLINE	ACTION	ACADEMIC CONSEQUENCE
October 17, or before	Drop/Add Fall S2 Classes	No record of class on transcript
October 18–29	Withdraw from Fall S2 with a Grade of "W"	Will receive W on transcript; no GPA effect
October 30-December 2	Withdraw from Fall S2 Classes	Students may withdraw without special permission. Instructors will assign a WP or WF, neither of which affect the GPA.
December 3–9	No withdrawal S2 Classes	

FALL 25: FULL SEMESTER (August-December) Courses:

DATE TO DROP / WITHDRAW FROM A CLASS	
August 26, 2025 and before	
August 27–September 2, 2025	

September 3-9, 2025

September 10–16, 2025

September 17, 2025 and after

FALL S1: HALF SEMESTER (August-October) Courses:

DATE TO DROP / WITHDRAW FROM A CLASS	FINANCIAL CONSEQUENCE
August 23, 2025 and before	100% Tuition Credit (Through Day 4)
August 24–27, 2025	80% Tuition Credit (Day 5 through 8)
August 28–31, 2025	60% Tuition Credit (Day 9 through 12)
September 1–4, 2025	40% Tuition Credit (Day 13 through 16)
September 5, 2025 and after	0% Tuition Credit (Day 17 and after)

FALL S2: HALF SEMESTER (October–December) Courses:

DATE TO DROP / WITHDRAW FROM A CLASS	FINANCIAL CONSEQUENCE
October 18, 2025 and before	100% Tuition Credit (Through Day 4)
October 19–22, 2025	80% Tuition Credit (Day 5 through 8)
October 23–26, 2025	60% Tuition Credit (Day 9 through 12)
October 27-30, 2025	40% Tuition Credit (Day 13 through 16)
October 31, 2025 and after	0% Tuition Credit (Day 17 and after)

FINANCIAL CONSEQUENCE
100% Tuition Credit (Through Day 7)
80% Tuition Credit (Day 8 through 14)
60% Tuition Credit (Day 15 through 21)
40% Tuition Credit (Day 22 through 28)
0% Tuition Credit (Day 29 and after)

REFUND SCHEDULE 9



Family Educational Rights and Privacy Act (FERPA) Information **Disclosure Consent**

The Family Educational Rights and Privacy Act (FERPA) is a Federal Law that protects the privacy of student educational records. Schools may disclose, without consent, "directory information" such as a student's name, date of birth, major, honors and awards, and dates of attendance. If students do not wish for directory information to be released, they must submit a request to opt-out at the Registrar's Office.

Schools must have written permission from the student in order to release non-directory information (such as academic and financial information) from a student's record. However, FERPA allows schools to disclose records without consent to certain parties under certain conditions.

Students will need to provide a passphrase (letters only, no numbers/special characters) for each individual for whom they grant record access. UT Southern cannot verify the identity of individuals (including the student) via phone or non-University email unless the individuals provide this passphrase.

	Family Educational Rights and Privacy Act (FERPA) Information Disclosure Consent					
First Name: *	Last Name: *	Student ID: *	Email: *			
without consent, "director	y information" such as a student's na		y of student educational records. Schools may disclose, awards, and dates of attendance. If students do not wis flice.			
student's record. Howeve			on (such as academic and financial information) from a arties under certain conditions. More information about			
academic record (inclui and/or student conduct	ling courses, grades, and degree	progress), financial record (includ I understand that I may revoke co	f Tennessee Southern may disclose the content of n ling student account information and financial aid), insent at any time by submitting a revised form.			
Add Self						
Add Someone Else						
🖂 Add Another						
Only provide this passphe	ase to the individual to whom you ar		nail unless the individuals provide this passphrase to us. passphrase, you will have to come in person to retrieve i			
make able you choose.						
(click to sign)						

These forms are found in your student portal and should be completed at orientation. Please see the Bursar's Office staff if you have any questions.

Registration and Fee Responsibility Agreement

The Registration and Fee Responsibility Agreement is a required and binding agreement for students enrolled at UT Southern. The Agreement indicates that the student accepts responsibility for all tuition, fees, and other associated costs.

Title IV Funds/Credit Balance Authorization

The Title IV Funds/Credit Balance Authorization allows the University's Financial Aid office to apply Title IV funds (federal financial aid funds) to the student's account for books, supplies, etc. after tuition, fees, and room & board is paid.

Each statement grants access for the University to apply the funds in an additional way:

- 1. Allows University to use funds for books, supplies, etc.
- 2. Allows University to use funds to pay for the prior year's balance up to \$200
- 3. Allows University to apply funds to student's account for future charges

REGISTRATION & FEE RESPONSIBILITY AGREEMENT

Parment of Fees/Promise to Par Lunderstand that when I register for any class at The Luniversity of Tenessee Southers ("UTS") or receive any service(s) from UTS, I accept full responsibility to pay all tuition, fees, and other associated costs assessed as a result of my registration and/or receipt of services. I also agree to pay all room, board parking citations, library fines, bookstore charges, class fees, and other charges assessed by UTS by the applicable semester due dates. See University catalogic for a full Isting of fees (http://dsouthern.smartcalalogic, com). I further understand and agree that my registration and acceptance of these terms constitutes a promissory note agreement (i.e., a financial obligation in the form of an

acceptance of these terms 'constitutes' a promissory note agreement (i.e., a financial obligation in the form of an educational loan as defined by the U.S. Bankruptcy Code at 11 U.S.C. § 5234(48)) in which UTS is providing me educational services, deferring some or all of my payment obligation for those services, and I promise to pay for all assessed unition, fees and other associated costs by the published or assigned due date. I understand that any momes owed to UTS under a payment plan constitute an education loan that cannot be in an responsible for fees associated with class dropoid if I fall below full-time status or completely withdraw from the University. I have reviewed and understand the published turiton refund schedule found in the academic catalog (http://statouther.sum/statlogic.com) and understand those

(http://utsouthern.smarteatalogiq.com) and understand those terms are incorporated herein by reference. I further understand that my failure to attend class or receive a bill doe not absolve me of my financial responsibility as described a bill doar not absolve me of my financial responsibility as described above. If I am unable to attend UTS for any reason, I must officially withdraw through the Registrar's Office. In addition, if UTS is required to return Federal Title IV funds (fiederal aid) or federal veteral benefits as a result of my dropping of classes or withdrawal (official or unofficial), I acknowledge and agree that I am responsible for the repayment of the federal aid to the University.

Delinquent Account/Collection Business Holds: I understand and agree that if I fail to pay my student account bill or any monies due and owing in full to UTS by the scheduled semester due date, UTS will place business hold(s) on my student account, preventing me from business hold(s) on my student account, preventing me from registering for future classes, requesting transcripts, or receiving my diploma, until my debt is paid in full. Late Payment Charges: I understand and agree that if I fail to pay my student account bill or any monies due and owing UTS by the scheduled due date, UTS will assess late payment and/or monthly finance charges at up to the highest rate allowable under Temessee law on the past due portion of my allowable under Temesses law on the past due portion of my and those under transfer and one past due account is paid and private the Student account until my past due account is paid in full. Collection Agency Fees: I understand and accept that if I fail to pay my student account bill or any monies due and owing UTS by the scheduled due date, and fail to make acceptable payment arrangements to bring my account current, UTS may refer my delinquent account to a collection agency. I further understand that I am responsible for paying the collection

agency fee which may be based on a percentage at a maximum of 33.3 percent of my delinquent account, together with all costs, fees, and expenses, including reasonable alterney's fees and court costs, necessary for the collection of my delinquent account. Finally, I understand that my delinquent account may be reported to one or more of the national credit bureaus.

<u>Communication</u> Method of Communication: I understand and agree that UTS uses e-mail as an official method of communication with me, and that therefore I am responsible for reading the e-mails I receiver from UTS on a timely based. Contact: I authorize UTS and its agents and contractors to contact me at my current and any future cellular phone in

contact me at my current and any future cellular phone number(s), email address(s), or wireless device(s) regarding my delinquent student account(s)/loan(s), any other deb1 to u UTS, or to receive general information from UTS. I authorize UTS and its agents and contractors to use automated telephone dialing equipment, artificial or pre-recorded voice or text messages, and personal calls and emails, in their efforts to contact me. Furthermore, I understand that I may withdraw my consent to call my cellular phone by submitting my request in writing to the Burasi's office or in writing to the applicable contractor or agent contacting me on behalf of UTS.

Entire Agreement

Entire Agreement This agreement supersedes all prior understandings, representations, negotiations and correspondence between the student and UTS, constitutes the entire agreement between the parties with respect to the matters described, and shall not be modified or affected by any course of dealing or course of performance. This agreement may be modified by UTS if the modification of signed by mc. Any modification is specifically limited to those policies and/or terms addressed in the movinfurction

ACKNOWLEDGEMENT

PRINT NAME (Student

SIGNATURE (Student)

DATE

TITLE IV FEDERAL FUNDS / CREDIT BALANCE AUTHORIZATION

Program regulations permit students to authorize use of Title IV financial aid funds for noninstitutional expenses. If you are eligible for Federal Financial Aid in excess of tuition, room/board, and fees, and you wish to use this excess to cover other charges such as books and supplies, other fees, fines, replacement ID cards, etc., you must authorize University of Tennessee Southern to pay these charges from your Title IV financial aid. You may rescind this authorization at any time prior to incurring such charges, but you may not cancel it once such charges have been made on your behalf. This authorization is valid for funds in excess of tuition, room/board, and fees, based on your financial aid eligibility and enrollment status. Authorization must also be obtained to apply excess current year Title IV aid to prior year charges not to exceed \$200. Once Federal Title IV financial aid funds are disbursed to your student account to be applied to tuition, fees, room and board, funds received may exceed those charges. As a convenience, students may choose to leave those funds on their student account for future charges such as bookstore charges, other fees, fines, replacement ID cards, etc.

I voluntarily authorize University of Tennessee Southern to apply my Title IV funds as indicated with a check below

- Allowable charges other than mandatory fees, tuition, and room and board, e.g., bookstore purchases, academic fees, fines, late charges, parking violation charges, replacement ID charges, returned check fees, etc.
- Prior-year charges up to \$200

Credit Balance Authorization

 $\hfill\square$ I further authorize the University of Tennessee Southern to apply and hold any credit balance that may result on my student account (derived from federal aid, loan funds, scholarships or other payments) to be applied to future charges which may include bookstore charges, other charges, fees, etc. I also understand this will not prevent me from receiving a refund of excess federal aid or any other eligible credit balance, and I can request a refund at any time there is a credit balance on my account.

To rescind this authorization please submit a letter in writing to the office of financial aid or the office of the bursa

FINANCIAL AID THE UNIVERSITY OF OFFER LETTER TENNESSEE

May 2025

Dear Flame Firehawk

SCHOLARSHIP & GRANT ELIGIBILITY

	FA 2025	<u>SP 2026</u>	<u>SU 2026</u>	<u>2025-26 YR</u>
Firehawk Grant	\$500.00	\$500.00	\$0.00	\$1,000.00
Pell Award	\$2,000.00	\$2,000.00	\$0.00	\$4,000.00
Total	\$2,500.00	\$2,500.00	\$0.00	\$5,000.00

ADDITIONAL / SELF-HELP FUNDING*

	<u>FA 2025</u>	<u>SP 2026</u>	<u>SU 2026</u>	<u>2025-26 YR</u>
Direct Loan Subsidized	\$1,732.00	\$1,732.00	\$0.00	\$3,464.00
Direct Loan Unsubsidized	\$990.00	\$990.00	\$0.00	\$1,980.00
Total	\$2,722.00	\$2,722.00	\$0.00	\$5,444.00
*Additional / self-help funding refers to optional loans through the US Dept. of Educ	ation, and work-stud	y programs the stud	ent may choose to u	tilize.

This section outlines the scholarships and grants you have been awarded.

This shows additional funding opportunities you have the choice to accept. Please note that loans must be paid back. If you are eligible for Federal Work-Study, those funds are earned through Work opportunities on and off campus.

**You must accept/deny loans in your student portal. See this article for steps on how to do so: https://tinyurl.com/y7kcsdj2

ESTIMATED COST OF ATTENDANCE

ESTIMATED KEY COSTS - BILLED BY UT OR REQUIRED FOR CL	ASS (BOOKS,ETC)
Tuition & Fees	\$10,924
Total	\$10,924
ESTIMATED ADDITIONAL EXPENSES - NOT BILLED BY UT, BASE SPENDING	ED ON YOUR PERSONAL
Transportation	\$2,500
Room & Board	\$7,500
Books & Supplies	\$1,500
Maintenance	\$2,000
Total	\$13,500
ESTIMATED FULL COST OF ATTENDANCE	
Total	\$24,424

The COA outlined here is estimated for the fall and spring semesters for the academic year. *If you enroll for summer, additional aid may be available.

YOUR 2025-26 TOTAL ANNUAL COST ESTIMATE

*This shows your cost before, and after, the acceptance of any additional funding/self-help aid.		
Estimated Key Costs	\$10,924	
Scholarships and Grants	\$5,000	
Estimated Direct Cost (Net Price)	\$5,924	
Additional/Self-Help Funding (Optional)	\$5,444	
Estimated Direct Cost with Accepted Additional/Self-Help Funding	\$480	

This is your estimated annual out-of-pocket cost for the fall and spring semesters. It shows your cost before, and after, the acceptance of any additional funding/selfhelp aid.

Notes:

The University of Tennessee Southern

433 W. Madison Street Pulaski TN 38478-2799

Statement

Firehawk, Flame The 433 West Madison Street Pulaski TN 38478

Course	Course Title	Status	Credits	Grade
ACCT-221 LEC-W-S1	Principles of Accounting I	Unofficial	3.00	
ACCT-222 LEC-W-S2	Principles of Accounting II	Unofficial	3.00	
ENG-101 LEC-C	Composition I	Unofficial	3.00	
MAT-131 LEC-B	College Algebra	Unofficial	3.00	

Term	Source	Date	Description	Debits	Credits
FA 2025	FA	02/14/2025	Pell Award	\$0.00	\$2,000.00
FA 2025	Batch	08/20/2025	Comprehensive Fee	\$667.00	\$0.00
FA 2025	Batch	08/20/2025	Housing Charge	\$1,976.00	\$0.00
FA 2025	Batch	08/20/2025	Meal Plan \$2,340.0		\$0.00
FA 2025	Batch	08/20/2025	Tuition	\$4,965.00	\$0.00
FA 2025	FA	08/20/2025	Direct Loan Subsidized	\$0.00	\$1,732.00
FA 2025	FA	08/20/2025	Direct Loan Unsubsidized	\$0.00	\$990.00
FA 2025	FA	08/20/2025	Firehawk Grant	\$0.00	\$500.00
				Statement Total: Pending Total: Overall Total:	\$0.00 \$4,726.00 \$4,726.00

05/12/2025

\$0.00

Student ID: RE5482642

College Level:

Student Level:

Previous Balance :



Now What?

You've completed your Orientation, but there may still be some final steps to take to be ready to start classes! The list below is not exhaustive as every student's transition may be different, so be sure you are checking your UT Southern email frequently!

> Help us get to know you so that we can connect you with any necessary contacts, resources, and more!





Connect your UT Southern email to a mobile device.

You can download the Outlook app for free.

Finish submitting your immunization information through MedProctor.

To attend classes, you must be verified through MedProctor. Visit utsouthern.edu/immunizations for more information.

Make sure your final transcripts are submitted.

Final, official transcripts from your high school showing date of graduation and or college transcripts indicating final grades should be submitted as soon as possible. They may be mailed to Admissions, 433 West Madison Street, Pulaski, TN 38478 or sent through a secure electronic format to admissions@utsouthern.edu.

Make sure any AP test scores are submitted.

Your scores must be sent directly from the testing agency to UT Southern. UT Southern's National Clearinghouse number is 1449.

Set up a payment plan, if needed.

To distribute the total owed into three equal installments, contact the Bursar's Office to establish a payment plan. A \$45 set up fee will be incurred. Visit utsouthern.edu/bursar for more information.



Either the full balance of your tuition and fees, or the first installment of your payment plan (see above), must be paid by August 15, 2025. Accounts must be satisfied by the published due date each semester, or your academic schedule may be cancelled.

Review dining plan options.

See page 49 for more information. Residents can make changes during the first two weeks of a semester. Commuters may add a meal plan at any time.

Submit any accommodation requests.

See page 38 for more information. The sooner requests are submitted, the smoother your start of the semester will be!



Contact your roommate if living on campus.

Roommate assignments are sent to UT Southern email addresses in early July. Residential students are reminded that only one microwave and refrigerator are permitted in Upperman and Criswell Halls, and neither are permitted in apartment-style housing. See page 44 for more information.

To edit contact information.

Please go here: tiny.utk.edu/UTS-Change-Address

August 2025

Sunday, August 17 - FYE Classes Start Wednesday, August 20 - All Other Classes Start

September 2025

Monday, September 1 - Labor Day - University Closed

October 2025

Monday, October 13-Tuesday, October 14 - Fall Break - No Classes Meet

November 2025

Monday, November 24–Friday, November 28 - Thanksgiving Break - No Classes Meet

December 2025

Monday, December 8th - Reading Day - No Classes Meet December 9th–12th - Final Exams December 15th - Final Grades Due

This is a condensed version of the University's Academic Calendar. UT Southern reserves the right to make adjustments to the Academic Calendar. For the most up-to-date version, please visit utsouthern.edu/academics/academic-calendar/.

14 NOW WHAT?

ACADEMIC CALENDAR 15



General Education Core Curriculum

The General Education Core Curriculum (Gen Ed Core) serves as the foundation of a UT Southern degree. Transcending majors and fields, the Gen Ed Core develops skills that help prepare students for a career and life after graduation. The Gen Ed Core diversifies the academic experience and helps students become life long learners and problem solvers. Its broad aim is to help students develop the ability to critically examine questions of meaning and value and to view the world from a variety of cultural, social, and historical perspectives. More specifically, the Gen Ed Core offers students

multiple options to explore and develop an understanding of the content, disciplinary styles, and modes of inquiry specific to the humanities, the natural sciences, and the social sciences. Through the Gen Ed Core, UT Southern graduates will be able to:

- Communicate effectively in both speaking and writing
- Think critically
- · Reason quantitatively, scientifically, and ethically to reach logical conclusions
- Develop effective research strategies employing appropriate technologies

Gen Ed Core Requirements

COURSE CATEGORY	NUMBER OF HOURS REQUIR
First Year Experience	2
Writing	6
Literature	3
History	3
Religion/Philosophy	3
Fine Arts	3
Humanities	3
Speech	3
Math	3
Natural Science	8
Physical Education Activity	1
Social Sciences	3

GENERAL EDUCATION CORE CURRICULUM

GENERAL EDUCATION CORE CURRICULUM 17









firstyear experience program

The First Year Experience (FYE) program is a two-semester experience designed to equip all University freshmen with the tools, knowledge, and resources to be successful both in and out of the classroom.

The FYE curriculum is designed to orient students to the campus community. academic program, and campus life. The curriculum includes learning and study skills, test-taking skills, time management skills, and life skills. The FYE program is intended to allow students to explore

their own potential, develop stronger interpersonal relationships, explore the local and global community, formulate a greater sense of self, and understand civic responsibility while acquiring tools to add to their academic toolbox along the way.

first year experience

Firehawk U

The University experience begins with Firehawk U. This experience is required for all freshmen and begins a few days before the official start of school, continuing up to the very first day of class. Firehawk U is an immersive learning experience designed to orient our newest Firehawks to the campus, campus resources, the community, and each other. During these days, students will become familiar with their new surroundings, meet their peers, faculty, staff and Peer Academic Leader (PAL), begin First Year Experience (FYE) class, participate in a community service project, and become engaged in the campus and surrounding community. This experience marks the official beginning of the FYE program each fall semester.

Contact Information

Pat Ford | Program Coordinator, Business **Coordinator, First Year Experience** 931-363-9808 pford10@utsouthern.edu

Laura Morefield | Instructor, Human Performance & Physical Education Assistant Coordinator, First Year Experience 931-363-9860 Imorefie@utsouthern.edu





What is a PAL?

Peer Academic Leaders (PALs) are an integral component of the FYE program. Each class section will have a PAL to assist the instructor and students throughout the program. PALs are a wealth of knowledge on the student experience as they are students also. This is important because they can share what they have learned about being a student, getting involved on campus, and making the transition from high school to college from the student perspective. PALS have a unique perspective to bring to class discussion because they can share from recent experiences. In class, PALs are responsible for bringing a Tip of the Week, What's Trending on Campus, and a Trending Topic from the local or global community. We encourage students to take time to get to know their PALs and rely on them to become better acquainted with the campus and nuances of being a new college student.

FIRST YEAR EXPERIENCE PROGRAM 19

transferring to **ut southern**

Get to know your academic advisor early.

Your advisor will help you stay on track towards graduation! Meeting with your advisor is required each semester before you can register for the next term's classes.

It is okay to question vour decisions.

When coming to any new environment, there may be a time when you feel like you are overwhelmed or don't belong. This is normal! Try to push through that feeling, talk to someone about it, and stay positive. Remember that UT Southern offered you admissions because we know your worth and see your potential. We know you have a reason for being here, so believe in yourself and keep pushing through!

Become familiar with Firehawk locations and lingo.

Check out the Firehawk Dictionary on page 20 for an introduction to commonly used terms at UT Southern, and make sure you're familiar with our campus map to find all of your classes ahead of time!

Know your academic resources.

Our library offers more than just printing, books, and study spaces! Librarians can be invaluable in their expertise and assistance for papers, research, and more; learn more on page 32. The Student Resource Center is also available for academic help-tutoring, essay review, and more. Learn more about the SRC's services on page 33.

Don't assume.

As a transfer student, you may have already experienced a college environment before. As you adjust to UT Southern, however, keep in mind that every college and university operates differently, so it is important to educate yourself about UT Southern's specific policies, procedures, and practices. Important resources like the current Academic Catalogs and Student Handbook are online at utsouthern.smartcatalogig.com/. Both contain policies you are responsible for knowing and following.

Get out there and meet people.

It can be easy to default to staying in your apartment or only come to campus for class, but to get the full Firehawk experience, take a chance and meet people. Strike up a conversation with someone between classes, use your dining meal plan to grab lunch with a study group, or make a new friend at an athletic event or student club activity. Soon, you'll start to feel right at home.



Get to know professors.

Introduce yourself, ask questions, participate in discussions, and visit office hours! Faculty can be the key to your success at UT Southern, and they are here to help. In addition, if you plan to attend graduate or professional school, you will need recommendations from faculty members who know you and the quality of your academic work.

Check and use your **UT Southern email** regularly.

All university communications are sent

to your UT Southern email account. If you run into issues with your account, see page 4 for IT support.

Get involved!

Over and over again, current and former transfer students recommend joining student organizations and attending on campus events to feel like part of the Firehawk family. Student organizations are particularly helpful, as they come with built in social networks, so you can easily make new friends while pursuing your interests! Visit

Create your own Firehawk experience!

Regardless of your major, your background, or your interests, you can find ways to make UT Southern home while completing



20 TRANSFERRING TO UT SOUTHERN

ACADEMIC ADVISOR

A member of the faculty who will help a student plan their program of study each semester.

ACADEMIC CALENDAR

Lists all dates for beginning terms, holidays, vacations, exams, etc.

ACADEMIC STANDING

A student's academic status. To be considered in "good" standing, a student must maintain a minimum grade-point average (GPA) that increases with the number of credits attempted.

FINANCIAL AID OFFER

A combination of financial aid that may include scholarships, grants, loans, work study, etc.

CANVAS

Canvas is a learning management system that students use to access course materials, assignments, quizzes and grades.

CATALOG

The official publication of the University which lists the faculty, courses, regulations, and requirements for graduation.

CHANCELLOR

The leader of UT Southern! In the UT System, a Chancellor oversees each individual on campus while the President oversees the entire UT System.

COREQUISITE

A course that must be taken at the same time (in the same semester) as another course.

CREDIT HOURS

A unit of study that is the equivalent of 50 minutes of lecture + 2 hours of homework/studying per week in a typical semester. Most courses are 3 credit hours, totaling 2.5 hours of lecture + 6 hours of homework/ studying per week... in a typical semester. A bachelors degree requires a minimum of 120 credit hours.

DEGREE REQUIREMENTS

The courses and grade-point average required for graduation from the University.

DROP/ADD PERIOD

A time (usually the first week of the semester) when students may make changes in their academic schedules without academic penalty.

ELECTIVE

A course that a student chooses to take in fulfillment of his or her degree requirements outside of the required courses for that major. Almost every curriculum has electives.

FYE

First Year Experience is a course required of all first-year students that is designed to help the transition into the University.

FACULTY

Instructors who teach courses. (AKA Professors)

FULL-TIME STUDENT

An undergraduate who is enrolled for at least 12 credit hours a semester. (Part-time students are enrolled in 11 or less)

FYE INSTRUCTOR

A faculty member who teaches First-Year Experience courses for new Firehawks!

HOLD

A "hold" imposed on the records of students who owe a balance or who have failed to comply with a University policy or regulation. Students with a hold cannot register for courses, request a transcript to be sent, or receive a diploma.

IMMUNIZATION REQUIREMENT

A state requirement for students to provide proof of immunization against measles, mumps, and rubella.

INCOMPLETE (I)

A temporary grade assigned to a student when, at semester's end, course requirements are not fulfilled in the case of extenuating circumstances. Students must complete and submit the missing work within the first four weeks of the following semester or the grade changes to a failure.

INTERNSHIP

A work experience for students that also earns course credit.

PROGRAM COORDINATORS

Head of each academic program.

OFFICE HOURS

Times that faculty are available in their offices to meet with students.

PAL

AKA Peer Academic Leader! PAL's are student leaders who assist with first-year experience and help to mentor new Firehawks throughout their first year on campus!

PROBATION

An academic limitation placed upon students with unsatisfactory grades.

PREREQUISITE

A course that must be successfully completed before a student can enroll in another, usually more advanced class.

SAI

The Student Aid Index is the amount a student is expected to contribute toward their education. SAI is eligibility determined by the Free Application for Federal Student Aid.

SUMMER SESSION

A term of study during which students may earn college credits. There are two summer sessions at UT Southern: May - June and July - August.

SRC

The Student Resource Center offers free tutoring for most classes.

SYLLABUS

A document that lists a course's requirements (readings, exams, due dates for projects, etc.) as well as the professor's name, telephone number, email address, and office hours.

WITHDRAWAL (W)

A grade assigned to a student when they do not complete a course. May also appear as WP (withdrawal, pass) or WF (withdrawal, fail) based on the grade at the time of the withdrawal. Withdrawals count towards students' attempted hours, but do not affect the GPA.

WORK STUDY

A federally-funded program that provides students part-time jobs on campus. Work Study money is a part of a student's financial aid offer, and students must earn the amount awarded to them.

FIREHAWK DICTIONARY 23

WHAT IS ALL THIS? DECODING YOUR CLASS SCHEDULE!

*If you have any questions regarding your class schedule or how to read it, feel free to reach out to the registrar! If you have any questions about specific classes, their meeting locations or times, reach out to your professor!

This set of letters indicate you are in! • LEC = Lecture, a stand ting • LAB = Lab, a more han • HON = Honors, see our more information on h	ard classroom set- nds-on setting r online catalog for	course! Sourse! So	metimes rtened, but to see the check the	This is the of a class in. The se either a letter or "S2" as s her	s you're ection is single "SI" or shown	College Level: Term:	RE548264 Senior FA 2023 Chris Matt
Course		Course Title	Start Date	End Date	Section	Credits	Status
ART 146-1		Digital Photography I	10/23/23	12/13/23	S2 MW	3.00	Unoffic
BIO 310-L	eynolds, Joseph B .EC A	Biology Seminar	8/23/23	12/13/23	A T	J - 211 2.00 A - 105	Unoffic
BUS 470-1		Family Business Entrepreneurship	8/23/23	12/13/23	W MWF	3.00 Web - Tea	Unoffic
EDU 410-		Technology in Education	8/23/23	12/13/23	W	2.00 Web - On	Unoffic
HPPE 112	22222220	Stretching	8/23/23	12/13/23	A F	1.00 CAC - Gy	Unoffic mnasium
MUS 233-		Music in Global Societies	8/23/23	12/13/23	A MWF	3.00 GFA - 201	Unoffic 1
	This is the Cour consists of I academic depa second part cons	rse Number/ID. The first part letters that indicate what artment the course is in. The sists of numbers that indicate in the department this is.			hours y	,	d in

This is your instructor's name!

• If this field says "Staff," "TBA" or "TBD," the instructor has not been assigned yet!

Contact the Registrar with any questions!

DECODING YOUR CLASS SCHEDULE 25



A Spectacular Welcome to the Firehawk Family TUESDAY, AUGUST 19, 2025

ON THE CAMPUS GREEN

Important Dates To Mark

First Year Student Calendar

Saturday, August 16 - Move In Day Sunday, August 17 - First Day of First Year Experience Class

Monday, August 18 - Second Day of First Year Experience Class

Tuesday, August 19 - Into the Streets Day of Service (required)

Wednesday, August 20 - First Day of All Other Classes

Transfer Student Calendar

Sunday, August 17 - Move In Day Wednesday, August 20 - First Day of Classes Friday, August 22 - Transfer Success Sessions These optional Teams meetings are a great way to get some additional information and resources about successfully transferring into UT Southern!

WELCOME WEEK 2025 27

School of Arts and Humanities

- ▶ Fine Arts
- Music
- Dramatic Arts
- English*
- Literature
- Language & Writing
- Teaching English to Speakers of Other Languages (TESOL)
- Interdisciplinary Studies
- ▶ Religion & Philosophy

For more info:

utsouthern.edu/academics/victoria-and-thomas-martin-school-of-arts-and-humanities/



Johnston School of Business

- ► Accounting
- ▶ Management
- Management Information Systems
- ► Sport Management

For more info: utsouthern.edu/academics/johnston-school-of-business/



Grissom School of Education

- ► Elementary Education
- ► Human Performance and Physical Education*
- ► Special Education*
- Secondary Education

For more info: utsouthern.edu/academics/grace-g-grissom-school-of-education/





School of Mathematics and Sciences

- ► Biology*
- Biomedical Sciences & Biotechnology - Wildlife Biology & Ecology
- ▶ Chemistry
- ► Computer Information Systems
- ▶ Cybersecurity
- ▶ Mathematics*
- For more info

utsouthern.edu/academics/school-of-mathematics-and-sciences/



Travis School of Nursing and Health Sciences

► Nursing

▶ Public Health Education

For more info: utsouthern.edu/academics/jeanette-m-travis-school-of-nursing-and-health-sciences/



School of Social Sciences

- ▶ Behavioral Sciences
- Human Services & Counseling - General Psychology
- ► Criminal Justice
- ► History*
- ► Homeland Security
- For more info: utsouthern.edu/academics/school-of-social-sciences/



28 MAJORS AND CONCENTRATIONS





*Secondary Education Licensure is available in this subject area

MAJORS AND CONCENTRATIONS 29



UT Southern is committed to offering students support in meeting their financial obligations to the University.

BILLING

Bills: Student bills are available exclusively online through the Thesis Elements portal. Physical billing statements are not mailed, so students are strongly encouraged to check their University email regularly for charges and updates. Charges may include tuition/fees, residential room and board, parking tickets, etc.

Through the Thesis Elements portal, students may complete the following:

- View all charges and check balance owed
- Make a credit card payment toward balance owed
- View payment history
- Store payment methods for quick and easy payment
- View and print billing statement (See page 12 for an example)
- Sign the Student Federal Authorization Form
- Sign the Financial Responsibility Agreement

Other Users: Student bills are provided to the enrolled student exclusively. When completing a Family Educational Rights and Privacy Act (FERPA) Release, a student may provide permission the University to disclose billing information to others (parents, spouses, etc.). While others are not able to log in to the student's Thesis Elements portal, FERPA approved individuals may reach out via email or phone to inquire about billing information.

Tuition: The University charges all students a student services fee per semester, and tuition is charged per credit hour up to 12 hours. 12 to 18 hours are charged at a flat fee rate. For the current tuition rates and additional information, please refer to the Academic Catalog at utsouthern.smartcatalogig.com.

Payments: Payments may be made online through the Thesis Elements portal, via credit card by phone, or by cash, check, or card in the Bursar's Office. Payments must be received by the published due date. Late payments generate late fees, registration and transcript holds, and possible schedule cancelation.

Payment Plans: The total bill each semester can be paid in three installments for fall and spring semesters. The total bill in summer semesters can be paid in two installments. Payment plans incur an additional \$45 fee.

Refunds: Refunds checks are mailed to the address on file. Student may request refunds and update mailing information in the Thesis Elements portal. As all refunds are processed by our team individually, fall refunds are usually available in November and spring refunds are usually available in March.



Financial Aid

FAFSA: In order to determine federal aid eligibility for the 2025-2026 award year, students must complete the 2025-2026 Free Application for Federal Student Aid (FAFSA). Please visit the FAFSA and Aid section of our website for additional information. Other documents may be requested by our office depending on the results of the FAFSA.

Our office will send award offers for returning students in late spring each semester, and award offers for new students are sent on a rolling basis as students complete their applications. An application is considered complete only when all forms or data needed to determine eligibility are received. The award may consist of federal loans, grants, work study, and/or scholarships. All financial aid information is sent directly to students via their UT Southern email address.

Additional Aid: If a student needs additional aid after the initial offer package as been received. the student may apply for additional student loans including Federal Direct Parent PLUS loans, and/or non-federal private loans.

Distribution: Aid is disbursed into the student's account as it is received. Aid is used to pay any balance that has been incurred with the University at the time of disbursement.

Contact Us

Office of the Bursar

Bills, payment plans, 504 plans, discount and fee waivers, etc. Colonial Hall utsbursar@utsouthern.edu 931-363-9819 utsouthern.edu/bursar

Office of Financial Aid

Federal, state, and institutional aid, Veteran benefits, University scholarships Colonial Hall financialaid@utsouthern.edu 931-363-9821 utsouthern.edu/financialaid

BUSINESS AND ACCOUNTS 31

TENNESSEE UT Southern Student Portal	-	Admin -		My Grades		My Tr	anscript *		< Cancel Payment	
This cost of Southern Student of the				My Grades		arry in	anachpt			
The Admin area		Course Offering								
contains several pieces		Degree Audit Opti	ons							
of information that you	Student Portal News									
will access as a	My Courses	My Schedule				vill be where				
student.		My Ledger ┥				payments	as a			
	Course Name	My Financial Aid		st	udent.					
		My Housing						Not	ice the	
	You have no cour							am	ount you	
		Title IV Form							cified on the	
		UTS Online Bookst	tore						vious screen is	
	My Calendar	Promissory Note							amount that	Click on Pay
	-	Info Verification Fo	orm					pull	ls up.	redirected t
	April's Events View	Student Holds								screen for a
										credit card
										to make the
	Term Date Dese	cription D	Debits Cr	redits Bal	ance Ledger	/Pending				Payment
	SP 2025 4/3/2025 ID Fe		\$642.00	\$0.00 A						
					542.00 Pending					VISA 🈂 📷 📷
	SP 2025 4/3/2025 Tuitie	on \$	64,820.00	\$0.00 \$5,	462.00 Pending	g Charge				
	SP 2025 4/3/2025 Misc	: Credit Card Payment	\$0.00 \$1	,000.00 \$4,4	62.00 Pending	g Charge				Card Number*
	SP 2025 4/3/2025 MMC	C Baseball Sch	\$0.00 \$1	.500.00 \$2.5	962.00 Pending	Charge				Expiration Date(MMY
								Fill	out the	Cognation Date(min)
	SP 2025 4/3/2025 Appl	lication Fee	\$10.00	\$0.00 \$2,9	972.00 Pending	g Charge			ment section	
Click pay by credit	Show Pending Financial Aid							and	Billing	
card to make an	Show Pending Housing Char	ges							Iress Section	
online payment								for	your Payment.	
for your account.	Pay by credit card>									
	** Previous Balance:					\$0.00				
	** Current Balance:					\$2,972.00				
This is where you can	Pending Financial Aid:					\$0.00				
ind out if you owe any						\$0.00				
noney for the	Pending Housing Charges:					\$0.00				
specified semester.	** Overall Balance:					\$2,972.00				
	** Balance may include Pendi	ing Charge and Pending P	ayment items.							
	Denormalization (Second Second S		ANG LOGIN STREET, SHOLEY							
								X		
r	n Student Portal *	Admin 1	Ŧ	My	Grades *		My Transcript 👻			
	Stude	ent Portal								
		Pa	yment An	nount						
			•		t you plan to pay	Click Submit and	you will be taken to the			
					the transaction.	. Shok Subillit and	you was be taken to the			
		34				21		-		
This screen is		• 1	Payment Amou	unt 500.25		0				
where you										
			ubmit							
				P						
amount you want				© 2025 TI	nree Rivers Syste	ms, Inc. All rights r	eserved.			
amount you want										
amount you want to pay.										
specify the amount you want to pay. Click submit to be										
amount you want to pay. Click submit to be redirected to the										
amount you want to pay. Click submit to be										

Order Section	
Amount	→ 500.25 US

	Address1 *		
	Address2		
0	City	State/Province	Postal Code
0	Email Address		

Once you have filled out the information needed, click submit payment.

PAYMENT CARD

CVV2*

Ň

BUSINESS AND ACCOUNTS 33

Warden Memorial Library

Interlibrary Loans (ILL):

If a you need an item that our Library doesn't own, you can request an interlibrary loan, which means we will borrow the item from another library for you.

To request an Interlibrary Loan:

- 1. Visit the Library to set up an account
- 2. Complete an Interlibrary Loan Request form online or in-person

Please remember to allow at least two weeks for the item! In many cases no renewals are possible from the lending library.

Lending:

Free to all current students! Reserve items may vary by professor and items may be renewed if not needed by another patron.

Check-out timeframes: Books: 2 Weeks Laptops: 1 Week DVDs & CDs: 2 Days

Catalogs

Online Public Access Catalog (OPAC) is an electronic form of card catalog that you can search by subject, author, title, etc.

- WorldCat has the largest selection of books in the world world with collections of thousands of member libraries. Often it is easier and guicker to find an item in a nearby library than to utilize ILL.
- Electronic Journals contains the listing of journals accessible through the library's databases.
- Print Journals provides a listing of the library's print subscriptions; some are also found in databases.

utsouthern.edu/academics/library (931) 363-9844

Reserves:

- Books and other media you may need for your classes are usually on reserve in the Library
- Faculty may set the time limit from 2 hours up to I week; just ask our staff how long you can check out a reserve item.
- Reserve items are located behind the circulation desk, and students need to ask library employees for assistance.
- A current list of reserve items can be found on the Library's website.

E-books:

The EBSCO eBook Collection allows students to download books to a personal device! These downloads require the Adobe Digital Editions to access. which is available for free to students.

Tennessee READs program also provides e-books to patrons with TN library cards!

Off-campus Access:

• Most databases and the e-book collection are available remotely by entering a valid UT Southern credential when prompted

Study Rooms:

- The library has four study rooms for free for small groups or individual use.
- There is a "RESERVE" board on each room's door.
- If no one is using the room, anyone can use them.

Student Resource Center

The mission of the Student Resource Center (SRC) is to help students achieve academic success throughout their time at The University of Tennessee Southern.

The SRC offers free tutoring for all classes offered at UT Southern with particular attention given to those of the freshman and sophomore levels.

What Does the SRC Offer?

WRITING AND ENGLISH

We offer tutoring in grammar and mechanics, as well as stylistic and organizational methods. Tutors are also versed in MLA and APA.

MATH

We provide assistance for all mathematics courses: developmental math through calculus (including HAWKS Learning).

SCIENCE

We are equipped to assist with all science courses offered by UT Southern We also offer lab report writing workshops.

HISTORY

We provide assistance for all history courses offered by UT Southern. Tutors can help with exam preparation and paper-writing.

BUSINESS/ACCOUNTING/MIS

We offer tutoring for all business and accounting courses. Tutors can assist all levels: introductory courses through senior-level.

ESL

We help with any aspect of second language acquisition: grammar, reading comprehension, pronunciation, and conversation.

PLEASE NOTE

If the discipline you are seeking tutoring for is not listed above, please contact the SRC by phone, email, or just drop in, and we will work to find a suitable tutor for your needs.

Other Resources

COMPUTERS AND INTERNET ACCESS

We offer computers equipped with the Microsoft 2016 Office Suite, as well as Internet access. For your convenience, we are also wireless.

TEXT AND REFERENCE BOOKS

We have a library of current textbooks and reference manuals, including all freshman-level texts and the most recent MLA and APA editions.

LOOKING FOR TEXTBOOKS

To find the books you need visit utsouthern.textbookx.com/institutional/index.php

Contact Us

Barry Rich brich2@utsouthern.edu 931-363-9888

The SRC location has moved to the old bookstore, located near the Curry Athletics Complex.

STUDENT RESOURCE CENTER 35

How to Buy Your Textbooks

After You Register for Classes:

It's a good idea to look your textbooks up on our website to check prices so that you can budget accordingly.

Steps to Buying Your Books:

lt's as easy as 1, 2, 3!

- 1. Visit utsouthern.textbookx.com/institutional/index.php
- 2. Log in using your NetID and password!
- 3. Select which books you want to buy!

Students who have excess financial aid to cover books will receive an email with a voucher code with the eligible amount 1–2 weeks prior to the beginning of classes.

When Classes Begin

Check with your instructor to determine if you will need your book on the first day of class. Software and access codes (MindTap, WebAssign, Aplia, Hawkes Learning) are considered "software" and are non-returnable, so make sure you need them before you purchase them!

Our full return policy: *bit.ly/UTSbookstorereturnpolicy*

Steps for selling back your books: *bit.ly/UTSonlinebuyback*

Contact

bookstoresales@utsouthern.edu 931-424-4053





Welcome to The Nest, UT Southern's one-stop destination for all things school spirit!

From apparel and accessories to gifts and gear, we've got everything students and their families need to show their Firehawk style. Located on the first floor of the Student Union, The Nest is the perfect stop for apparel, gifts, school supplies, and more.

Contact

Shelley Sarmiento ssarmien@utsouthern.edu 931-363-9854



36 TEXTBOOKS







accessibility

UT Southern is committed to working collaboratively with students who encounter social, medical, or environmental barriers. Our goal is to reduce barriers and provide support wherever possible to maximize student success both in and outside the classroom.

Academic Accommodations

Accommodations are determined individually and are based on quality documentation that address the impact of a student's disability in the academic environment. Our responsibility is to provide reasonable accommodations that do not lower standards or constitute a fundamental alteration to a class or program. Accommodations can be requested at any time during your enrollment and may be requested even if the need is temporary.

Common academic accommodations include extended time on exams, preferential seating, and reduced distraction environments for testing.

Non-Academic Accommodations

Much like their academic counterparts, non-academic accommodations are determined individually and based upon quality documentation that address the impact of a student's disability.

Common non-academic accommodations include reduced stair access in residential housing, emotional support animals, specialized meal plans, etc.

Technology Support

Supportive services are available for students to improve access to technologies and platforms used by the University:

- ► Technology training
- Digital textbooks
- ► Captioning support
- Screen magnification software
- Screen reading/ text-to-speech software
- ► Voice recognition software

Dining Support

Dining Services are happy to accommodate special dietary needs as able. Staying in communication with our Dining Services team is the easiest way to request gluten free, dairy free, vegan, and vegetarian options, but formal accommodations with appropriate documentation can be requested as part of non-academic accommodations.

To Request Services

Academic Accommodations

Dr. Matthew Little mlittl32@utsouthern.edu 931-424-2037

Non-Academic Accommodations

Dr. Brent Wren bwren1@utsouthern.edu 256-658-2195

Technology Support

Haley Kinder hkinder@utsouthern.edu 931-424-2017

Dining Support

Victoria Chastain utsouthernfsd@mmihg.com 931-424-4064 **Student Affairs** offers a broad portfolio of resources and services designed to facilitate students' out-of-classroom success. Use the list below to find the appropriate contact to assist with common topics.

Dining Services

Dining plans, dietary, and nutritional needs MMI Dining utsouthernfsd@mmihg.com 931-424-4064

General Health

Illness, injury, medical care University Clinic utsclinic@utsouthern.edu 931-424-7338

Hazing or Suspected Hazing

Suspected or known hazing incidents Anonymous Hazing Reporting cm.maxient.com/reportingform. php?UTSouthern&layout_id=0

Health & Wellness Resources

Healthy choices, nutritional services, sleeping tips, substance abuse, etc.

Wellness and Prevention studentaffairs@utsouthern.edu

Interpersonal Violence

Sexual violence, domestic or dating violence, stalking, harassment, etc.

Title IX tix@utsouthern.edu 931-424-4073

Living On Campus

Housing support, roommate issues, etc. Residential Life reslife@utsouthern.edu 931-424-4086

Mental Health

Depression, anxiety, suicidal ideation, etc. University Counseling utsclinic@utsouthern.edu 931-424-7338 988 for mental health crises timelycare.com/UTHSC

Personal Challenges

Critical incidents, hardships, emergencies, etc. **CARE Team 931-309-1670** utsouthern.typeform.com/carealert

On Campus Property Maintenance

Residential hall or academic building maintenance requests

National Property Management 931-424-7379 utsouthern.edu/campusservices

Recreation Facilities

Use of gym, pool, racquetball courts, etc. Athletics jcarro36@utsouthern.edu 931-424-7374

Student Involvement

Governance, programming, service, intramurals, etc.

Student Engagement & Experience studentaffairs@utsouthern.edu 931-424-7377

University Policy Violations

Student Code of Conduct, academic policy violations, etc. Student Conduct 931-424-4073 cm.maxient.com/reportingform. php?UT Southern&layout_id=0

Veteran Benefits & Resources

GI Bill, transition to civilian life, assistance for military-connected students

Veterans Services wpruett3@utsouthern.edu 931-424-2038

STUDENT AFFAIRS 39





Angel Pool Fayetteville, TN · Management Major, with Accounting and **Biology Minors** SRC Tutor/Assistant Resident Assistant First Generation Student



Brandon O'Brien Spring Hill, TN Criminal Justice Major • Resident Assistant · Vice President of the Criminal Justice Club • Vice President of the Alpha Phi Sigma Honors Society, · Student Mental Health Advisory Board • Tutor at the Student **Resource** Center • Bad Bass Fishing Club



Favorite Thing

glow at night

About UT Southern

Seeing the Firehawk

The relationships I have made with other students, staff, and professors across campus, and the influence they have had on me as a person and in developing my career. I also really love hanging out in the Criminal Justice House (it has recliners)!



Nick Rosa Rio de Janeiro, Brazil Management Major Residential Assistant · SGA Vice President · Admissions Ambassador • Tennis Team

• First Generation Student

Favorite Thing About UT Southern

I love diversity and inclusion of people on campus; everybody is a big family. I also love the hill behind the CAC. it is a great spot to watch the sunset over the city.

"I expected college to be a crazy, scary ride that I had a ticket to but didn't really want to be on. It has definitely been a crazy ride, but a good one! I first got involved in Student Life because I wanted to get the college experience. I didn't think that sitting in my dorm room and not talking to others would give me the one I was looking for. So I decided getting involved makes you feel a apart of everything and it did! I got to create beautiful friendships and also be a part of other people's experience. Being involved helped my transition by helping me adapt to college life and UT Southern."

"When I was coming into college, I expected to be on my own with little help, due to the amount of work the professors and other staff had going on across campus. The transition itself was a little stressful because of things going on in my personal life, but the professors and staff were more than willing to work with me and do whatever they could to help me. They encouraged me to make more connections and break out of my shell by getting involved, and following that advice was one of the best choices I had made across my college life. While at first getting involved made me nervous, the more I got involved, the better my college experience got, from events put on across the campus to in the classroom. Once I got involved, I made a lot more friends and had more connections than I thought it would."

"I thought college would be just like the movies, with a lot of people, different classes, and a great community. It has been those things, but not always like in the movies! I felt so nervous at first because my parents could not bring me to college, so I was by myself. I don't like to stay in my room, though, so I put myself out there a lot to make friends and improve my English. I have met people and made friends by getting involved who took me as one of their own family members. For students who want to get involved, there are a lot of opportunities all over campus like events, job roles, and more chances to get out of your shell. I think everyone should just dive in to what interests them, and if they're not sure, just ask! Someone on campus will take care of vou."



Laura Howell

Physical Education

Orientation Leader

· Sustainability Club

FLAMES Athletic Council

Volleyball Team

SGA President

· EVE DAI

Murfreesboro, TN

• Double Major in Biology

and Human Performance &

Favorite Thing About UT Southern

Having experienced inperson dual enrollment classes at another university, I love that the smaller class sizes at UT Southern allowed for better connections with professors.



Favorite Thing About UT Southern

The different activities for students happening every week, and spending time on the Green.

Haley Phillips Taft, TN Accounting Major

• UT Systemwide Mental Health Student Advisory Board · Bank of Frankewing Student Board · Orientation Leader First Generation Student Transfer Student



Favorite Thing About UT Southern

I love the UT Southern community; it's like it is its own little family.

Daejah Maklary

Watertown. TN Management Major · Orientation Leader Women's Basketball Team Student Assistant • Summer RA • President of Youth United Campus Organization

"I first got involved on campus to make the most of my college experience and build meaningful connections. My sophomore year, I had the opportunity to become Dr. Belford's FYE PAL, and I got to mentor first year students, helping them navigate their college experience. That same year, I ran for Sophomore Class President because I missed the leadership opportunities student government offered in high school. Along the way, I also grew closer to the Science Department, where Dr. Hanes encouraged me to join the Sustainability Club, focusing on ecological protection and community advocacy in Giles County. My most recent involvement has been with FLAMES, a studentathlete-led organization dedicated to community outreach and fostering collaboration across sports to support all Firehawks. Each experience has shaped my journey, and I've learned so much about leadership, community, how to work as part of a team outside of a sports setting, and making a positive impact."

"I came to UT Southern as a transfer student, so I was nervous starting over again, even knowing it would be an exciting time to meet new people and grow academically. I initially got involved on campus because I wanted to meet new people, and it was one of the best things that happened to me at UT Southern. Getting involved made me feel more comfortable on campus. It was great for me, mentally, knowing there were people on campus who cared and knowing I had people fighting for my success in my corner. It made my college years feel more like a home and the college like one big family."

"When I was coming to college, I remember being so excited and trying to hide how nervous I actually was (lol). My transition was pretty smooth, though, because I of all of the engagement during Welcome Week. I wanted to meet people and make friends. so I went to all of the events, and it worked! After that, I attended events for awhile but wasn't really intentional about getting involved for awhile. It took me a few semesters to apply for leadership positions and start a student organization with my friends, but after I did, I realized it was the best decision I made. I met my absolute best friends through orientation leading on campus. My partners during orientation have become some of the closest people in my life. and I know I wouldn't have these special friendships if I never applied for a leadership position. I expected college to be the best years of my life, and it really has been!"`

STUDENT EXPERIENCES 41

Getting Involved

College is more than just classes—it's about the experiences you create, the friendships you build, and the memories that last a lifetime. Getting involved on campus is one of the best ways to make the most of your time at UT Southern! Whether you're interested in leadership, sports, service, or faith-based groups, there's a place for you here. Scan the QR code below to download the official UT Southern app, which will keep you up-to-date on all campus events!



Intramural Sports

Stav active and have fun by participating in intramural sports! Compete with friends in a variety of leagues and tournaments throughout the semester. No experience is needed—just bring your enthusiasm and team spirit!

Sports Offered: Flag Football, Basketball, Volleyball, Pickleball, Ultimate Frisbee, and more!

Equipment Checkout: Did you know we have sports equipment that students can check out any time? Volleyballs, basketballs, pickleball nets and paddles, spike ball, golf clubs, and more are available for free!

Registration and schedules can be found on the UT Southern APP.



Student Activities

Student Activities help students enhance their UT Southern experience by offering events, programs, and projects that are personally engaging for every student. If you want to be more involved on campus and learn about leadership development, the Student Activities staff can guide you in the right direction. There are always fun events happening on campus!

Student Activities range from large events like Welcome Week to weeknight programs like Bingo Nights, Movies on the Green, group trips to professional sporting events, and more! Getting involved in campus events is a great way to meet new people, de-stress from classes, and make lasting memories.

Service Opportunities

Give back to the community and make a difference through service initiatives at UT Southern. Participate in volunteer projects, service-learning courses, and campus-wide service days to engage with meaningful causes and organizations.

Opportunities include: Local community service projects, Alternative Break Trips, animal shelter visits, and partnerships with nonprofit organizations.

Student Government Association (SGA)

For more ways to get involved on The Student Government Association (SGA) seeks campus or if you have any questions to promote the ideals and responsibilities of student about student activities, intramurals, self-government, to help facilitate the coordination service opportunities, and student of student life on campus, and to help promote organizations, stop by the 2nd floor of strong ties between the University of Tennessee the Student Life House! Southern, the City of Pulaski, and the larger communities in which we are situated. SGA seeks Student Engagement and **Experience Coordinator** to maintain close and cooperative relationships Madi Worden between faculty, administration, and students. Want mworden2@utsouthern.edu to get involved? Elections for class officers will open 931-424-7377 this fall!

Student Organizations

With a variety of student-led clubs and organizations, you're sure to find something that fits your interests. From academic and professional groups to cultural, recreational, and service organizations, there's a way for every student to get connected. Looking for something just for fun? Join a club that matches your hobbies, like gaming, outdoor adventure, or fishing. Whether you want to build your leadership skills, explore a new passion, or simply make friends, there's a student group for you!

Scan the QR Code to explore the full list of student organizations here or find out how to start a new club!



utsouthern.edu/studentorgs

Campus Ministries

Faith-based organizations provide a space for students to grow spiritually, connect with others, and serve the community. Whether you're looking for worship, Bible study, or service opportunities, our campus ministries welcome you.

Baptist Collegiate Ministry (BCM) Advisor

Rodney Hawkins rodney@fbcpulaski.com

Christian Student Ministry (CSM) Advisor Rhonda Clinard rclinar2@utsouthern.edu

Wesley Foundation Advisor Laura McMasters lkm@utsouthern.edu

Youth United Advisor Taylor McNairy tmcnairy@utsouthern.edu

Contact Us!



GETTING INVOLVED 43

The Office of Residential Life oversees all campus housing and approvals to commute, and works with our residential students to promote community and engagement.

Why Live on Campus?

LIVE IN A COMMUNITY - Friendships during college last a LIFETIME! When students live on campus, they have a unique opportunity to form bonds with people from across the world. On campus residents are more likely to get involved in student groups and activities. So much of college moment is spur-ofthe-moment, like hopping into a beach volleyball game at Student Life or sitting around the Firepit, and living on campus makes it easy to join right in!

LIVE CHEAPER - Campus housing includes not only the cost of the room, but a meal plan, utilities, high speed internet. 24-hour maintenance. AND free events and resources.

LIVE SMART - Research shows that students who live on campus have higher GPA's. Many in-resident programs are specifically designed to help residents with study skills, time management, and connecting with classmates.

LIVE CLOSE - Want to roll out of bed and be at an on-campus destination within five minutes - without having to find a parking spot? All of our housing options are a quick walk to the library, dining hall and academic buildings.

Residential Requirement

Why does UT Southern have a residential requirement? Because we know that living on campus can ease the transition to college life! Living on campus means more opportunities for residents to be plugged in to our campus community, make friends & get involved!

What are the residential requirements? All full-time students under the age of 21 are required to:

- ▶ Live on campus, or
- Live at home with a parent/legal guardian, grandparent, or sibling (who must be over the age of 25)

Other exemptions can be found online at utsouthern.edu/housing.

How to Apply

1. Complete the Application Scan the QR code to complete the housing application. A non-refundable \$155 application fee is due within the application. Students will be asked about their living preferences, so parents/families should not complete this on behalf of the student.

tinyurl.com/20252026allhousingapp



2. Upload Immunization Forms Tennessee State

Law requires the completion of meningitis immunization to live on campus. Students should upload immunization documentation to MedProctor by scanning the QR code and logging in with their UT Southern email address. Please note that MedProctor can take up to 72 hours to verify documents after they have been uploaded, so we recommend submitting as soon as possible. Visit utsouthern.edu/immunizations.



3. Receive Assignment Housing assignments are typically received in late June and are based on the date of the housing application. A specific type of room and/or roommate can be requested on the application but cannot be guaranteed. We attempt to honor as many as we can.



4. Complete Room & Board Agreement Residents will receive the Room and Board Agreement via UT Southern email. It must be signed online within one week of receiving it to reserve the assignment! If the agreement is not completed, the room will be released for another student. If the student is under 18 on the date on signing, a parent/legal guardian must also sign.

5. Mark Calendar for Move In! Each student will be assigned an arrival time via their email. Due to the congestion created by so many new Firehawks moving in at once, we ask that students please bring no more than two vehicles with their belongings on move-in day.

Residential Facilities

CRISWELL HALL

First Year + Sophomore Firehawks (female only)

- Each Room is: 12' X 16'
- Bed, Study Desk, Chair + Wi-Fi
- Chest of Drawers + Closet
- Community Bathrooms + Laundry
- 2 Lounge Areas
- Community Kitchenette + Appliances
- 24-Hour Meditation Room

UPPERMAN HALL

First Year + Sophomore Firehawks (co-ed)

- Each Room is: 12' X 16' or 11.5' X 15'
- Bed, Study Desk, Chair + Wi-Fi
- Chest of Drawers + Closet
- Community Bathrooms + Laundry
- Student Lounge with a TV + Study Rooms
- Community Kitchenette + Appliances
- Outdoor Pavilion + Grill

STUDENT APARTMENTS

Upperclass Firehawks (co-ed)

- Private Bedrooms 9' X 10'
- 4 Firehawks per Apartment
- Bed, Study Desk, Chair, Dresser + Wardrobe
- 10' X 11' Common Area Couch, 2 Chairs + Coffee Table
- 8' x 15' Kitchenette Full-size Refrigerator, Microwave
- Dining Table with 4 Chairs
- 2 Bathrooms
- Laundry Room + Wi-Fi







RESIDENTIAL LIFE 45



The Necessities

- Extra long twin sheets (79.5" x 38")
- Pillows and blankets
- Trash can
- Towels and washcloths
- Toiletries
- Laundry detergent & dryer sheets (Laundry machines are free!)
- Laundry basket
- Clothes hangers
- Cleaning supplies
- Shower caddy & shower shoes (Criswell
- +Upperman Halls only) · 1 microwave (no larger than 1.0 cubic feet and 1000 watts) and
- 1 refrigerator (no larger than 3.2 cubic feet) per room (Criswell +Upperman Halls only)

Prohibited Items

All Buildings

- · Candles, incense, or other open flames
- Wax warmers
- Personal beds or
- waterbeds
- · Space heaters
- Small electric Grills (i.e. George Foreman/ and griddles)
- Appliances with open hot plates (i.e. traditional
- coffeemakers)
- Outdoor grills
- Halogen lamps
- Hot plates • Humidifiers
- Wireless routers/
- access points
- Non-heavy duty extension cords
- Hoverboards
- Pets
- Lighters
- Tobacco, vapes, e-cigs,cigars
- Drugs, alcohol, paraphernalia (including
- empty containers Guns
- Toasters
- Toaster ovens
- Air fryers • Slow cookers
- (i.e. crockpots)

Criswell and Upperman Halls

- More than 1 microwave
- More than 1 refrigerator

Student Apartments

- Personal refrigerators
- Personal microwaves

Current Resident Recommendations

"I couldn't live without my single-pod coffee maker and kettle! Having hot water for late night ramen and easy access to coffee is a lifesaver."

"I connect my laptop to my TV to stream movies, and movie nights with my hallmates are some of our favorite weekly traditions!"

"A carpet or rug"

"Bed risers! They're cheap and easy to install, and now I have so much more room under my bed for storage."

"I have a mini blender, and my roommate and before practice."

"My essential oil diffuser has been great since candles and wax warmers aren't allowed."

Housing Deadlines and Timelines for Fall 2025

June-July

Residential Life begins sending out room assignments in late June. Assignments are sent to the student's UT Southern email only.

Room & Board Agreements are due one week after room assignments are sent. Without a signed Agreement, the student's room may be released to another applicant!

After Room & Board Agreement is signed, students who would like to add their name to the waiting list for an apartment-style building, or request changes, may do so online.

August

Housing Applications are due by August 1, but we recommend applying much earlier!

Meningitis immunizations must be verified in MedProctor 24 hours before move in. Please note that MedProctor can take up to 72 hours to verify documents after they have been uploaded, so we recommend submitting as soon possible. Visit utsouthern.edu/immunizations or page 42 for more information.

Move In Days:

- First-Time Freshmen: Saturday, August 16
- Transfer Students: Sunday, August 17

• All students will receive an assigned move-in window for the date listed above. All move-in windows are an hour, and will be between 9 AM and Noon. Meal plan changes must be requested by August 31.

September

Reasonable accommodation requests due on Census Day. See Academic Calendar at utsouthern.edu/academics/academic-calendar/

Roommate change requests may be made beginning September.



I keep frozen berries and protein powder for quick breakfasts



RESIDENTIAL LIFE 47

Commuting to Campus



Residential Requirement

Why does UT Southern have a residential requirement?

Because we know that living on campus can ease the transition to college life! Living on campus means more opportunities for students to be plugged in to our campus community, make friends & get involved!

What are the residential requirements?

All full-time students under the age of 21 are required to live on campus, or live at home with a parent/legal guardian, grandparent, or sibling (who must be over the age of 25)

Other exemptions can be found online at utsouthern.edu/housina.

Deadlines

AUGUST

Applications to commute, as well as any petitions for an exemption to our Residential Requirement, are due by August 1, but we recommend applying much earlier!

SEPTEMBER

Reasonable accommodation requests due on Census Day. See Academic Calendar at utsouthern.edu/academics/academic-calendar/

How to Apply

1. Complete the Application - Scan the QR code to access the commuter application. tinyurl.com/20252026allhousingapp



2. Receive Approval, Denial, or Request for More Information – The Office of Residential Life will review all commuter applications within two weeks, and will reply to the student with one of three responses:

- Approval: The student is approved to commute, and may make arrangements to do so (i.e. sign lease, etc.)
- Denial: The student is not approved to commute due to violation of our residential requirement.
- Request for More Information: The student's circumstance or status (i.e. veteran, parent, etc.) requires additional verification before the application can be approved.

Whether students are sitting down for a meal with friends or grabbing a snack on the way to class, Dining Services has a meal plan option that's perfect!

Residential Meal Plans

Meal plans are required for all residential students living on campus. Students can select which meal plan works best for their habits and schedule, and make changes to the meal plan up to 2 weeks into the semester.

PLAN A - \$2250

Recommended for first-time freshmen, athletes, and international students 19 meal swipes per week + \$50 Firehawk Bucks per semester

PLAN B - \$2250

Recommended for students living in apartment-style housing 15 meal swipes per week + \$75 Firehawk Bucks per semester

PLAN C - \$2250

Recommended for Oakwood residents 10 meal swipes per week + \$100 Firehawk Bucks per semester

Firehawk Bucks can be used at the Firehawk Café for any purchase, and do not reset until the start of the following semester. Firehawk Bucks do not roll over.

Meal swipes can be used in the Dining Hall for cafeteria-style, all-you-can-eat visits, or in the Firehawk Café for a "meal exchange."

Commuter Meal Plans

Commuters are encouraged to purchase a commuter plan to use while on campus. Commuter meal swipes can be used in the Dining Hall for cafeteria-style, all-you-can-eat visits, or in the Firehawk Café for a "meal exchange."

Option 1 10 meals for \$77

Option 2 40 meals for \$300

Option 3 80 meals for \$580

Meal Exchange

Use 1 swipe at the Firehawk Café for 1 Hot entree with side and drink, or a grab and go salad or Sandwich, or a meal replacement Protein Shake.





The UT Southern Clinic provides a range of primary care services for students. The Clinic is staffed by fully licensed certified nurse practitioners, who also have excellent relationships with area physicians, physician assistants, and other medical services.

Services Provided

- Allergy shots and treatment
- COVID-19, flu, and other testing
- Diagnostic services for illness
 and injuries
- Follow-up assessment and treatment
- Immunizations
- Women's Health

Insurance

Students are required to maintain adequate medical insurance while enrolled. Proof of insurance is not required for University Clinic appointments, but may be required for additional services (testing, prescriptions, etc.).

Immunizations

Tennessee State Law requires the completion of meningitis immunization to live on campus. Students should upload immunization documentation to MedProctor by scanning the QR code and logging in with their UT Southern email address. Please note that MedProctor can take up to 72 hours to verify documents after they have been uploaded, so we recommend submitting as soon as possible. Visit utsouthern.edu/immunizations





Health Promotion

Educational services deliver a variety of campus programming and events planned and implemented for selective wellness needs on campus such as residential hall programming, athletic team outreach and support, and individual coaching. Our weekly Wellness Wednesday events and monthly Mindful Mile campaigns promote health awareness and science-based health information, and are wonderful ways to promote health and fitness and community engagement.

Health Coaching

Individualized health coaching, guided by the application of the transtheoretical change model into realistic practice, is available to help students achieve their wellness goals and make successful lifestyle changes.

Health screening assessments enable students to evaluate personal risks to illness and disease, and, if necessary, seek referrals. Our team also offers supportive wellness services to help manage existing health problems such as depression, anxiety, PTSD, substance abuse, and more.

Additional health coaching is available through our partnership with TimelyCare; see page 50 for more information.



50 UNIVERSITY CLINIC

Contact

By appointment only. Please

or call 931-424-7338 for

an appointment.

email utsclinic@utsouthern.edu

UT Southern is proud of offer professional wellness programs and services to promote the health, safety, and wellbeing of our campus community and to ensure students' academic and personal success.

Substance Use

Primary prevention is the most critical public health strategy to address substance use and abuse. We offer education around substance misuse factors, signs, and more, in addition to screenings to identify potential concerns. We are also proud to regularly offer opioid overdose trainings, as well as support for students with a loved one that has experienced addition.

Support Groups

A peer support group, Stronger Together, is student organization created to provide ongoing wellness support to include individuals in recovery, for those vulnerable to relapse, and for students with loved ones in recovery or in active substance misuse.

Health Coaching Steps:

- Identify a health habit that the student would like to change
 - creating a study plan,
 - to exercise at least four times a week,
 - to eat more natural foods,
 - to quit vaping, etc.
- · Assess "readiness" to make a change.
- \cdot Create a daily plan for action.
- Identify resources and reinforcers needed to reach the goal
- Outline strategies to stay committed
- Plan a follow-up schedule to check in on progress, adjust when needed, and regain motivation.

STUDENT WELLNESS 51

UT Southern Counseling Services provide mental health services to enhance the wellbeing of students. Students may access free, professional, and confidential counseling services through two avenues, described below.

In Person Counseling

The University partners with Giles Psychiatric Associates (GPA) in Pulaski to provide a full range of psychiatric and mental health services for UT Southern students, free of charge.

GPA is located at 100 South 2nd Street (just two blocks from the Green!), and students can schedule appointments online.



Virtual Counseling

The University also partners with TimelyCare to provide simple, direct access to a variety of mental health professionals. From daily challenges to more severe conditions, TimelyCare connects students with professional counselors and/or clinical psychologists as needed.

TimelyCare can be accessed in a few easy steps:

- 1. Download the TimelyCare Health & Well-being app
- 2. Register with UT Southern username @tennessee.edu
- · Make sure you use your usual username, but because we are able to provide TimelyCare as part of the University of Tennessee System, you must register with @tennessee.edu instead of @utsouthern.edu.
- 3. Log in with your username and password, and confirm your login via DuoMobile.
- 4. Click "Provider Care" and select one of the following:
 - TalkNow See a counselor within 10 minutes Students are paired with first available counselor
 - Health Coaching Schedule a session to assist with health goals
 - Counseling Schedule a session with a therapist Students may review profiles and make therapist requests, i.e. male vs. female, etc.
- 5. Complete intake/profile.



6. Schedule a video appointment.

If students are unsure where to start or what kind of services may be most beneficial, please reach out! Our support services in Student Affairs and in the Clinic can help!

University Clinic utsclinic@utsouthern.edu 931-424-7338

Common Presenting Issues

Anxiety

- Feeling nervous, restless or tense
- Excessive worry or ruminating thoughts
- Increased heart rate
- Rapid breathing
- Sleeplessness, feeling tired
- · Difficulty focusing or feeling distracted
- Stomach aches
- Avoidance

Depression

- Feelings of sadness, emptiness, hopelessness
- Tiredness
- Irritability or angry outbursts
- Sleep disturbance
- Loss of appetite
- Anxiousness
- Slowed thinking or trouble thinking
- Feeling worthless, fixating on things from the past
- Thoughts of suicide
- Unexplained physical aches and pains

Grief

Stress

Substance Use

- Eating Disorder
- Homesickness
- Spirituality Issues
- Sexual assault and relationship violence
- Post-traumatic stress disorder
- Anger Management



UNIVERSITY COUNSELING 53

Student Conduct

Student Conduct addresses allegations of violations of University policy through the Student Code of Conduct. Student Conduct provides fair, prompt, and impartial processes, always with the goal of educational outcomes.

Know the Policies

Students well versed in University policies are less likely to violate policies. Visit utsouthern.smartcatalogig.com/ to read the current Code of Conduct, located within the current Student Handbook.

Report Disruptive or Dangerous Behavior

If you see something concerning, or have knowledge of an incident on campus, scan the QR code to report it or go to cm.maxient.com/reportingform.php?UTSouthern&layout_id=0

Addressing sex-based discrimination, sexual harassment, sexual assault, and other forms of Prohibited Conduct on the basis of sex, gender, gender identity, or sexual orientation.

Know About Amnesty

The health, safety, and welfare of students is UT Southern's top priority, and all students are expected to alert appropriate officials in the event of a health, safety, or welfare emergency, including, without limitation, a situation involving the abuse of alcohol or other drugs.

When students know that other students are in need of emergency medical attention, the students are expected to:

- · Contact emergency officials, i.e. University staff members, law enforcement
- Provide the names of the impaired students
- Remain with the impaired students, and provide reasonable assistance during and after the incident
- Cooperate with emergency officials
- Meet with appropriate University personnel after the incident
- Individual students who take all of these steps will be referred to as a "Good Samaritan."

Good Samaritans and the impaired students are generally not subject to formal University disciplinary action for misconduct discovered by the University as a result of the Good Samaritan's report.

Exceptions to this policy include, but are not limited to, when the students have engaged in a repeated or serious violation of the Standards of Conduct (e.g., physical or sexual assault, property destruction, disorderly behavior, theft, second incident of misconduct involving alcohol or drugs). See the Code of Conduct for more information.



54 STUDENT CONDUCT

UT Southern prohibits sexual harassment, including sexual assault, dating violence, domestic violence, and stalking; sexual exploitation; and retaliation.

All Firehawks are entitled to enjoy the benefits of a UT Southern education. both in and out of the classroom. Sex-based discrimination and harassment can inherently deny access and are not tolerated within any of our educational programs.

Visit the Title IX website to learn more:

- Policy and procedures
- Online and anonymous reporting
- Prevention measures
- Annual reports
- Accommodations and supportive measures
- Options for reporting to law enforcement. if desired

We also offer confidential resources and can connect students with community and national resources, unaffiliated with the University.

Contact Us

utsouthern.edu/titleix tix@utsouthern.edu





utsouthern.edu/care 931-309-1670

Dr. Bill McKenney Emergency Fund

Established to honor the legacy of a beloved instructor on campus, this fund helps to close the gap when students find themselves in a financial hardship. We can assist with • Doctor visits and some prescription medication • Gas • Personal Hygiene • Transportation for family emergencies • Rent/Utilities • Groceries (when Student Food Bank is unavailable)

> Contact Student Affairs to inquire about Emergency Fund use. studentaffairs@utsouthern.edu



NIVERSITY OF TENNES





#igniteyourfuture 57

All UT Southern students are automatically enrolled at UT Southern's Health Club as members, granting each student full access to the facilities and fitness classes listed below!

Sample Classes

Classes change throughout the academic year, based on interest and need. Below are some of our more popular classes! • Hi Yo TONE

- Water Aerobics
- Hi Lo Fitness

Gym Hours

Monday - Friday 7 AM - 8 PM 9 AM - 1 PM Saturday Sunday 1 PM - 3 PM

Pool Hours

Monday - Friday 7:15 AM - 10AM and 5 PM - 8 PM Saturday 9 AM - 1 PM Sunday 1 PM - 3 PM

Contact

58 **RECREATION**

CAC Lobby Jennifer Carroll jcarro36@utsouthern.edu 931-424-7374

Facilities

The Curry Athletic Center offers a variety of options to encourage student wellness and fitness!

- Cardio Room: treadmills, ellipticals and bicycles
- Walking Track
- Weight Room: medicine balls, weights and arm press machines
- Aquatic Center: The 25-meter pool has six lanes for lap swimming all year long



150 Kermit Smith Dr, Pulaski, TN 38478

Our East Campus facilities, located just 2 miles from our main campus, include a disc golf course, a cross country running trail, and a pond for fishing.



1238 E College St, Pulaski, TN 38478

The D. Ann Neville Tennis Complex offers six highquality courts for tennis.



661 Fairlane St, Pulaski, TN 38478

All vehicles that park on UT Southern's campus must be registered with the Office of Safety and Security through the online parking application.

Parking Information: tinyurl.com/utsparking

Students will register their vehicles with campus security by submitting a parking application on Orientation Day, and, when possible, will also pick up a required parking permit to display in the vehicle. On occasions when parking permits are not available on Orientation Day, students can set up an appointment to pick up a permit at utssecurity@utsouthern.edu.

Parking Zones





Students may park in either Student Only (color), or Faculty, Staff and Student (color) zones.

Visitors and vehicles without UT Southern permits may park in our amnesty lot or obtain a temporary parking permit from the Safety and Security. Requests can be made by email at utssecurity@utsouthern.edu.

Parking Rules

The UT Southern Office of Safety and Security is responsible for enforcing the official parking rules on all vehicles parked on UT Southern property. The parking rules include information regarding registration, requirements and limitations, parking citations and fines, parking enforcement, and appeals and hearings.

Scan QR for Parking Application

Handicap Parking

A disability parking permit is valid for parking in all campus disability parking spaces and all campus unreserved parking spaces. While Security cannot issue disability parking permits, staff can assist with temporary accommodations and connecting students with appropriate agencies and resources.

UT Southern is not responsible for accidents or damage to vehicles parked on property.



The UT Southern Fine Arts Department offers music opportunities to all students, regardless of major. Course credit is available.





Choirs:

MUA 302 Chamber Choir (MWF 3:00-3:50) Audition Required

MUA 101 Concert Choir (MWF 1:00-1:50)

The Choral Program consists of two ensembles that provides a rich variety of experiences and opportunities for students of all ages and majors. Over the course of several semesters of participation, members will perform accompanied and a capella music representing a broad spectrum of history and cultures. Chamber Choir auditions take place between Move-In Day and the first day of classes each Fall semester. Sign up to audition by visiting The Gault Fine Arts center room 116 after you move in. If you are interested in participating in either choir, register for Concert Choir (MUA 101) as a placeholder on your schedule.



Private Lessons: MUA 177

The Music Department offers private instruction in voice and piano for students of any discipline. For more information, contact the instructor for your area of interest.

Piano Dr. Peter Douglas pdouglas6@utsouthern.edu Voice

Dr. Andrew Martin amart204@utsouthern.edu

W. Garie Taylor Honors Program

Entry Requirements

Entry from High School 25 ACT and a minimum 3.5 GPA in high school

Entry for Transfer Students

Graduation from honors program at a twoyear college; or completing honors classes at another college and having a transcript evaluation upon matriculation

> Entry after 15 UT Southern Hours Cumulative 3.0 GPA





60 MUSIC OPPORTUNITIES

W. GARIE TAYLOR HONORS PROGRAM 61

The W. Garie Taylor Honors Program promotes a community of scholars through challenging curricula, cultural enrichment, and faceto-face interaction with guest leaders and professionals. Our students explore research projects, lead service outcomes, take advantage of external opportunities, and seek ways to expand their perspectives.

Program Details

Students in the Honors program take a few common courses in their First Year (ENG 103, FYE 101H, HON 200) and then make a plan to earn 15 Honors Points in the remainder of their time at UT Southern. Points are earned through both coursework—indicated Honors' courses, courses made through an Honors' contract, other such opportunities—and extra-curricular activities—research projects, service projects, internships, performances, leadership roles, and external conferences.

Common First Year Courses ENG 103, FYE 101H, HON 200

- Explore opportunities both in and out of the classroom
- Stay involved throughout multiple years at UT Southern
- Build toward your future with a tailored path throughout the program!

Learn more and apply at *utsouthern.edu/honors.*

At UT Southern. we want to help students seize opportunities and prepare for life after graduation. The Office of Career Development works to connect students' interests with opportunities, and help them explore.



Professional Headshot Photos

Students can visit the Turner Center on campus to receive a free professional headshot photo by scheduling an appointment in advance.

Major & Career Exploration

We offer career assessments to identify interests and explore the majors and career fields that align with individual goals.

Career Preparation

Our office is here to help prepare for all aspects of the job hunt and life after UT Southern, including a Career Development Plan to help benchmark progress toward success.

Career Connections

Students can learn more about structured internships, micro-internships, and student employment opportunities to help build professional networks and gain valuable experience.

Handshake Career Resource Hub

Students can Log in with UT Southern credentials to activate their profiles, get feedback on application materials, and search for job opportunities.

Contact Information

Dr. Stephen McBride stemmcbr@utsouthern.edu 931-424-4085

Grow Your Own Program

Why Grow Your Own at **UT Southern?**

Choose the Grow Your Own Teacher Internship Program for a unique and impactful pathway to becoming a licensed educator. This program allows you to earn your teaching degree while gaining valuable hands-on experience in local classrooms, working closely with mentor teachers. You'll benefit from real-world training alongside academic coursework, ensuring you are fully prepared for the classroom. Plus, by partnering with the Tennessee Department of Education and local school districts, you'll have the opportunity to make an immediate impact in your community, all while earning your teaching license without the financial burden of tuition and textbooks.

What are the Benefits of Grow Your Own?

- On-the-job learning with experienced teachers
- Low to no cost tuition and earn while you learn model—apprentices receive a living wage while working full-time and pursuing a degree and teaching license
- A rigorous program designed to train gualified school personnel to fill the teacher shortage from the local community, resulting in a faculty that represents the student population they serve
- Eligible for the GYO Scholarship after completing 60 or more college credit hours.

Eligibility

Individuals who would like to be considered for the Educator Preparation Program (EPP) should meet the following:

- College GPA of 2.75
- Minimum ACT 21, SAT 1080 or passing score on Praxis Core
- A minimum of 60 college credit hours and have an Associates Degree or an Associate of Science in Teaching (AST)
- Provide a Local Education Agency (LEA) recommendation letter

What to Expect

- · GYO is a highly individualized program, helping each student meet their specific goals and creating a path to success based on each student's prior experience and education
- · GYO students will work directly with the Program Coordinator to review the student's specific apprenticeship requirements
- · GYO students, like all of our education students, require specific documentation, i.e. background checks, testing, edTPA licensure, etc.
- Some additional paperwork is required so that sponsoring school districts can have needed information about the student's academic progress through the GYO Program
- Most courses are online to allow for flexibility and full participation

Contact Information

Cindy Young cyoung92@utsouthern.edu 931-424-4117

GROW YOUR OWN PROGRAM 63

The Office of Information Technology

The Office of Information Technology (OIT) provides computing resources and support for all students.

Services and Programs

WIFI: Instructions for how to access Wi-Fi as a student and how to connect different devices are below, and more information is available at *tinyurl.com/wificampus*.

ANDROID

1. Open the Settings app and open "Connections".

2. Select "Wi-Fi" in the Connections menu. Make sure your Wi-Fi is turned on. In the list of Wi-Fi connections, select "GoFireHawks".

3. Enter your UT Southern NetID (username) and Password. Under "CA Certificate", select "Don't Validate".

4. Tap Connect. When you see the list of Wi-Fi networks again. The GoFireHawks Wi-Fi should have "Connected" under the name.

IPHONE

1. Open your settings and tap on "Wi-Fi".

2. Make sure your Wi-Fi is turned on. Then tap on "GoFireHawks" in the list of available Wi-Fi networks.

3. You may see a message saying the certificate for the network cannot be validated. You can disregard this and tap "Trust".

4. Enter your UT Southern NetID and Password.

5. Tap connect. When you see the list of Wi-Fi networks again, GoFireHawks should have a blue check mark beside it.

COMPUTER

1. On the list of available networks, you should see "GoFireHawks" listed.

2. You may get a message about the network certificate and asking if you want to continue. You can disregard this. Click "Connect" again if prompted.

3. Enter your UT Southern username and password.

OTHER DEVICES

Game Consoles. Smart TV's. Echo Dots, etc. should connect to "UTS Guest".

MICROSOFT OFFICE: At UT Southern, students are eligible to download and install Microsoft Office for free! Students can install it on up to five different devices, and the student's license is valid as long as they are still enrolled as a student here at UT Southern. The license expires one year after the student leaves UT Southern. For more information, visit *tinyurl.com/officedownloadinstructions*.

TEAMS: Teams is used to join online classes, or if students' classes are moved virtually for any reason. Instructions on how to download Teams for various devices are available at tinyurl.com/teamsaccessinstructions.

For a comprehensive list of offered software, please visit: tinyurl.com/298py9md and sign in with your UT Southern email and password or scan the QR code.

UT Southern Mobile Application

The UT SOUTHERN APP is a handy tool for all students. Features include:

- A list of upcoming campus events
- Academic and athletic calendars
- OR code scanner for campus events

To download the app, simply search for "UT Southern" in the App Store/Google Play Store and select

Cybersecurity

2-Factor Authentication

This process requires students to provide login credentials and proof of identity via a secondary device, like a smartphone, before granting access to a resource or account. UT Southern uses Duo Mobile to achieve 2-Factor Authentication.

• Duo Mobile Instructions: During the initial password set-up, students will be prompted to sign up for 2-factor Authentication. Students should choose the option to sign up and follow the on-screen instructions. Please use the QR code below or the following link *tinyurl.com/duoinitialsetup* to view instructions on how to set up Duo.

IMPORTANT: Duo Mobile is required for students at UT Southern. If students skip setting up DUO, students will be unable to access their account.





OFFICE OF INFORMATION TECHNOLOGY 65

64 OFFICE OF INFORMATION TECHNOLOGY



Password Protection

- Use a different password for your NetID from your online accounts, such as X, Instagram, and Facebook
- · Do not use your UT NetID or UT email address as the username for your accounts
- Do not write your password down
- Never use the names of your family, pets, or favorite sports teams as your password
- Never use dictionary words in any language as your password unless you are using a passphrase

Phishing Scams

Know the signs of scam emails and messages, and report all phishing attempts in Outlook via the "Phish Alert Report" button:

- · Generic greetings, i.e. "Dear User"
- · Urgent, mandatory, or threatening language
- Sender email address that don't match the usual format
- · Links that don't match the usual URL
- Requests for personal information like social security number, bank accounts, etc. (UT Southern will NEVER ask students for this information via email or text)

Printing

Students can print throughout campus printers directly from their personal devices! PaperCut gives students easy access to print directly to a campus printer.

1. Go to eprint.utsouthern.edu:9191/user.

- 2. Type your net ID in the Username field and your password in the Password field, then click **Log in**.
- 3. On the left-hand side menu, choose the last option titled "**Web Print**"
- 4. Once web print is chosen, click **Submit A Job** and choose "mmcprint\RICOH-FindMe (virtual)" as the printer, then choose **Print Options and Account Selection**.



PaperCut 20.0

Printing

- 5. You will choose the account you will want to prim from which will be the account you logged in wit then choose **Upload Documents**.
- 6. Click **Upload From Computer** and choose the document you wish to print. Then click **Upload and Complete**.
- 7. You will now need to locate a printer on campus. Once you are physically at the printer, you will need to log in to retrieve your print job. You will use the same username and password you used to log into Papercut.
- 8. Once logged into the printer, locate your print jok and click on it. Then click the **print** button at the bottom of the screen.
- 9. Once your print job has printed, be sure to log ou

IT Help Desk

The IT Help Desk is in the library in the 3

Walk In Hours 7:30 AM-3:00 PM Mon-Fri.

If assistance is needed when the Help D project, the IT office is open from 7:30 A email at infotech@utsouthern.edu, or by

66 OFFICE OF INFORMATION TECHNOLOGY

OFFICE OF INFORMATION TECHNOLOGY 67

Web Print	0
Options	3. Proter 3. Options 3 Copies
Account to Charge	Charge to shared account Account Select the shared account to charge
« I. Printer Selection	2. Spiked Over
default; pleas if you wish to may be releas college main More informa <i>utsouthern.te</i>	et to print in black and white by e adjust the settings accordingly print in color. Also, your print job sed from any printer located on th campus. ation on printing can be found at <i>camdynamix.com/TDClient/260/</i> ategoryID=1268
ston Center, i	mmediately to the right.
ston Center, i 	mmediately to the right.

Men's Sports

- Basketball
- Baseball
- Cross Country
- Golf
- Soccer
- Swimming
- Tennis
- Track & Field
- JV Baseball
- JV Soccer

Women's Sports

- Basketball
- Cross Country
- Golf
- Soccer
- Softball
- Swimming
- Tennis
- Track & Field
- Volleyball
- JV Softball
- JV Soccer

Coed Sports

- Clay Target
- Cheer



19999999999999

THE REAL PROPERTY OF

Follow your favorite Firehawk teams throughout their seasons at utsfirehawks.com



Athletic Eligibility

All athletes must complete eligibility paperwork to be able to compete via playNAIA.org.

An important step in the eligibility process is completing the pre-season training paperwork, via AT Genius. Scan the QR code to view the portal, and use school code FIREHAWKS to create an account.



atgenius.com/athlete_portal.asp

Complete the preseason documents, making note of the important reminders below:

- Medical Information and Physical
- Must be completed on the provided paperwork.
- Must be completed after July 1.
- Medical History and Physical pg 1-3 must be completed on the computer, and then the entire document must be printed and taken for the physical. Do not handwrite.
- After completing the physical, it must be re-uploaded to ATGenius.

Concussion Information

• After completing all the documents and tabs on ATGenius, athletes will need to come in to perform baseline concussion test.

68 ATHLETICS



ATHLETICS 69

UT Southern Safety and Security seeks to provide the utmost professional security service to all members and visitors of our community. Security personnel work hand-inhand with faculty, staff, students, and visitors to maintain a safe learning environment that allows our diverse social, cultural, and academic values to thrive.

Clery Annual Fire & Safety Report

The Annual Security and Fire Safety Report contains information regarding topics such as crime reporting, crime prevention and awareness programming, reported crimes, emergency response, and more.

tinyurl.com/AFSRreport

College & University Security Information Act Report

The College & University Security Information Act Report is information provided in accordance with Tennessee Code Annotated §49-7-2203. The goal of this report is to assist the community in understanding the process of campus security and the related policies and procedures at University of Tennessee Southern.

tinyurl.com/ SecurityInformationAct

On Call Number

UT Southern security may be reached by calling (931) 309–7502.This number may also be found on the homepage of the UTS app by selecting the small shield in the top right-hand corner. While security officers can assist with both non-emergency and emergency situations, it is crucial to contact 9-1-1 for emergencies.

Contact Information

UT Southern Safety and Security Office The Criminal Justice Center 115 S. Flower Street, Pulaski, TN 38478 utssecurity@utsouthern.edu 931-309–7502

Emergency Contact Number: 9–1–1

Emergency Alerts

RAVE Alert is UT Southern's text message-based emergency notification system. It allows recipients to quickly receive emergency communications and other important information via text message. Notifications may be about inclement weather alerts or emergency incidents on campus. All UT Southern issued emails automatically receive RAVE Emergency Alerts. To sign up for text message alerts please scan the QR code below or text 'SOUTHERN' to '226787'.

tinyurl.com/RAVEAlerts





70 SAFETY AND SECURITY



UT Southern is pleased to share a variety of reports, notices, and information from across the university. For the most up-to-date and accurate information, visit our Accreditation & Consumer Information webpage at: utsouthern.edu/consumer-information/

· Parent Notification Policy

In compliance with Tennessee law, UT Southern will inform parents or guardians when any student under 21 is found responsible for violating any policy governing the use, possession, and/or distribution of alcohol or illegal drugs.

Divisive Concepts Charter 818 Notice

Adherence to any one worldview is not a prerequisite to success at UT Southern, and our efforts in the areas of access and engagement are always aimed to help the students, faculty, and staff at UT Southern succeed. Learn more at *utsouthern.edu/student-life/access-andengagement/viewpoint-diversity/*

• Hazing Notice

Hazing is strictly prohibited at UT Southern, and is defined as any intentional or reckless act, on or off University-controlled property, by one student, acting alone or with others, which is directed against any other student, which endangers the mental or physical health, safety, or welfare of that student, or which induces or coerces a student to endanger his or her mental or physical health, safety, or welfare. Suspected hazing can be reported online at *cm.maxient.com/reportingform. php?UTSouthern&layout_id=0*



 Annual Security & Fire Safety Report

utsouthern.edu/wp-content/ uploads/2024/10/2024-UTS-ASR-10.14.24.pdf

- **Title IX Policy** utsouthern.edu/titleix
- Drug Free Schools & Communities Act Notice utsouthern.edu/wp-content/ uploads/2024/04/UTS-DFSCA-Document-4.2024.pdf
- **Student Body Diversity** utsouthern.edu/wp-content/ uploads/2024/06/2023-09-FA-Student-Body-Diversity.pdf
- Graduation/ Completion Rates utsouthern.edu/wp-content/ uploads/2024/06/2023-SRK-GR.pdf
- Athletic Disclosures utsouthern.edu/wp-content/ uploads/2024/12/2024-SRK-Athletics.pdf
- **Student Handbook** utsouthern.smartcatalogiq.com/
- Academic Catalog
 utsouthern.smartcatalogiq.com/
- Information on Financial Assistance utsouthern.edu/consumer-information/
- Information on FERPA Rights
 utsouthern.edu/consumer-information/
- Suicide and Crisis Lifeline and Resources
 Call 988 or visit
 988lifeline.org/talk-to-someone-now/

RIGHT TO KNOW 73





The University of Tennessee Southern 433 W. Madison St, Pulaski, TN 38478 utsouthern.edu



Scan here to give us feedback on your Orientation experience!